Government College for Women - Autonomous Guntur

Women Empowerment Cell

Year Book

2018 - 19

Vision and Mission

Vision

To empower women students with global skills and mould them as independent entrepreneurs for the 21st century

Mission

To create awareness about equal rights

To remove difference about gender inequality

To develop communication and life skills to face the competitive world

To develop job skills and leadership skills

WEC Committee

- 1. Dr. G. Swarna Latha, Lecturer in Telugu Convenor
- 2. K. Sudha Rani, Lecturer in Botany Member
- 3. M.J. Sandhya, Lecturer in Botany Member
- 4. Dr. M. Kusuma Kumari, Lecturer in Sociology, -Member
- 5. Dr. N. Vijaya Lakshmi, Lecturer in Telugu Member
- 6. M. Karuna Kamala, Lecturer in Chemistry Member

Women Empowerment Cell Calendar

S.No	Events proposed	Conducted on
1.	Experts Committee Meet to Prevent Sexual Crime against Children and	13-07-2018
	Women	
2.	Guest lecture on Mahatma Gandhi and Women Empowerment	19-09-2018
3.	Extension Activity on Health and Hygiene	23-02-2019
4.	Discussion Forum by the Students	05-03-2019
5.	An Awareness program on Health and Hygiene in Adolescent Women	06-03-2019

Activity 1 : Experts Committee Meet to Prevent Sexual Crime against Children and Women

<u>Objective</u>: Spreading awareness among stakeholders about sexual crime against children and women.

<u>Procedure:</u> Government has constituted the state level task force for the safety of children and women under the Chairmanship of Chief Secretary by composition of various line departments. As per the instructions of the Government Special Commissioner, WD & CW su+,

ggested creation of expert committee to examine and suggest measures for effective implementation of various legislations for safety and security of children and women in A.P State and to give recommendations on further policy changes or steps required in this regard. Hence an expert committee was deputed by the Government to interact with staff and students to take necessary action in this regard.

From our college the Convenor, WEC Dr. G. Swarna Latha and 3 students attended the meeting held at Andhra Loyola College, Vijayawada on 13-07-2018.

The members of the committee shared their views with students and staff and suggested some measures to prevent crimes against children and women. On the other hand students and staff shared their social problems and different views regarding crime.

<u>Outcome:</u> Students and Staff developed awareness about sexual crimes and the measures to prevent them. We are confident enough to say everyone has the fundamental right to work in a safe and conductive work environment that enable all without fear of prejudice, gender bias and sexual harassment, where employer and employee respect each others integrity and dignity, their privacy, their right to equality and right to opportunity in the work place.



Commitee meet

Activity 2: A Guest Lecture on Mahatma Gandhi and Women Empowerment

Objectives:

- 1. To deveop awareness towards Mahatma Gandhi and his greatness.
- 2. to know how Gandhiji facilitated women empowerment.

Procedure: As this year is celebrated throughout India on the occasion of 150th Birth Anniversary of Mahatma Gandhi, WEC planned a Guest lecture on Mahatma Gandhi and Women Empowerment as tribute to Mahatma by Prof. G. Koteswara Prasad, Rtd Professor, University of Madras on 19-09-2018.

Dr. Ch. Pulla Reddy, Principal presided over the program and Convenor of WEC described the objectives of the event.

Professor explained various aspects of Gandhi as a freedom fighter, social reformist, a writer, a barrister and an editor. He also stress upon the influence of Ruskin and Tolstoy on Gandhiji. After Gandhi took up the freedom struggle there was an enormous increase in the involvement of women in political sphere, social life and also in the freedom struggle. This was called as Gandhian Feminism. According to the resource person who has done extensive research upon Gandhi, Gandhi is multi tasking and he is good at aspects of diet, health, nature cure, nursing etc. On the whole he dealt with Gandhi Philosophy.

Outcome: Students could be able to gain knowledge about our Father of Nation and his Uniqueness in the history of Indian freedom struggle and Gandhian Women Empowerment.





Chief Guest Speach (12.09.2018)

Activity 3: Extension Activity on Health and Hygiene

Objectives:

To involve the students in a community based activity which can increase the feeling of social responsibility.

Procedure:

Students and the members of WEC planned for an outreach program to increase social responsibility among students and also for the benefit of society. We all went to a school in a nearby village Pulladigunta. As we instructed the students to prepare on certain issues like health and hygiene, cleanliness, environment protection etc, to explain school students in a simple way.

<u>Outcome:</u> The school students could able to gain knowledge about cleanliness, personal health and hygiene. Out college girls were very much enthusiastic in performing this activity, which shows their social responsibility.









Health and Hygiene programme in pulladigunta Villege

Activity 4 : Discussion Forum by the Students

<u>Objectives</u>: To develop awareness about women empowerment and different obstacles a woman face in the journey of empowering herself.

<u>Procedure</u>: A team of students from different classes came forward to talk about different issues related to women. They prepared on topics like gender bias, dowry harassment, sexual harassment, ragging, suicidal tendency and legal issues, domination by men etc. and presented very well. All the staff praised for their good work and impressive communication skills.

Outcome:

- **1.** Students were able to gain knowledge about different atrocities against women and different legal issues.
 - 2. Students could gain good soft skills.







Group photo with foram students



Discussion Forum by the Students

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Activity 5 : An Awareness program on Health and Hygiene in Adolescent Women

Objectives:

To develop awareness about the importance of health and hygiene in the age adolescence.

Procedure: Dr. K. Nalini, Gynaecologist came as the Chief Guest and delivered a lecture about health, good habits, nutrition, diet and hygiene in menstrual period etc. She stressed upon the good food which influences physical health and mental health. And hygiene we maintained at adolescent age reflects on our health throughout the life.

<u>Outcome:</u> Students could able to gain good knowledge about health and hygience, nutrition, good habits etc.

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